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Limba modernă 1 **Engleză**

Manual pentru clasa a VII-a

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We know books

Unit 1a Free-time activities



chat online
relax
make models
play tennis
go to the gym

Vocabulary

1 Look at the words in the box. Match pictures 1-4 with activities in the box.

do voluntary work relax make models
play an instrument learn a language
chat online go to the cinema play tennis
go to the gym play computer games
go to a disco go out for a meal
go to a youth group draw cartoons

2 Listen and repeat.

3 Complete the sentences with words and phrases in exercise 1.

- 1 I ... a language. I go to German classes twice a week.
- 2 I like working with my hands. I ... of animals.
- 3 I do a lot of exercise. I often ... or ...
- 4 I ... once a week. I visit people in hospital.
- 5 I sometimes ... with my friends. We love pizza!
- 6 I love technology. I often ... or ...

4 Listen to Megan and Dan. What is Megan's favourite free-time activity?

5 **INTERFACE** Work in pairs. Ask and answer the question.

How do you spend your free time?

Pronunciation

/ɒ/ /ɔ:/ /əʊ/

a Listen and repeat the words.

- /ɒ/ volunteer, model, online
- /ɔ:/ draw, sport, boring
- /əʊ/ go, disco, don't

b Listen and repeat the sentences.



Reading

6 Look at the title of the text. What do you think the text is about?

- a) Teenagers are worried about school.
- b) Teenagers are stressed because they do too many activities.

7 Read and listen. Which free-time activities does the writer talk about?

Teens UNDER PRESSURE



Stressed parents

Imagine the situation ... your parents come home from work. They're tired, but they don't relax. Instead, they have a full programme of activities. Your dad has a music lesson, then he does some work for the next day and then he prepares the evening meal. After eating, he does voluntary work at the hospital. Your mum plays tennis, then she studies for an hour, eats and then goes to her computer class. Does this sound crazy? Well, for some teenagers, it's typical!



Busy teenagers

In Britain, doing organized activities outside school, such as playing an instrument or going to a youth group, is popular for young people. Around 59% do sport as a free-time activity. About 30% of teens regularly volunteer, for example they help at an animal refuge. Parents want their children to do well at school, but they also want them to have other skills, such as learning languages. They want them to take part in community activities such as volunteering. But are they putting their children under too much pressure?

A teenager talks

Thirteen-year-old Beth Bailey is a typical teenager. 'You get a lot of pressure from your parents to study and you get pressure from your friends to go out and have fun. I'm always busy. I'm in a youth theatre and we do a play every year. I go to guitar classes, basketball club and I help at home too. I hardly ever watch TV during the week because I don't usually have time! It's really stressful sometimes.'



Advice

However, Beth has some good advice: 'Don't try to do too much. Have fun doing activities and learning new things, but don't get stressed. Remember, you need to enjoy your life too!'



Use the title to help you guess what the text is about.

8 Read the text again and choose the correct words.

- 1 The writer is **describing** / **imagining** his parents' evening routines.
- 2 **Nearly three-quarters** / **Almost two-thirds** of British teenagers do sports in their free time.
- 3 Beth thinks that **only parents** / **parents and friends** put pressure on teenagers.
- 4 In her free time, Beth **doesn't do many** / **does a lot of** activities.
- 5 Beth thinks that teenagers **should enjoy their** / **don't need much** free time.

9 Match 1-5 with a-e. Then check your answers in the text.

- | | |
|-----------|------------------------|
| 1 prepare | a) sport |
| 2 do | b) a meal |
| 3 have | c) to guitar classes |
| 4 go | d) at an animal refuge |
| 5 help | e) fun |

10 CLASS VOTE It's a good idea to learn new things outside school. Do you agree?



Many famous actors, like Orlando Bloom, were members of the National Youth Theatre.



Class portfolio 4 page 131
Design a portfolio with the title "Form a band!".
Work in small groups.



Grammar

Present tenses

present simple	
+	I often meet my friends on Friday. She is always tired after school.
-	She doesn't usually have time.
?	Do you usually do activities after school?

1 Look at the sentences in the table. Find examples of the present simple in the text on page 13.

2 Choose the correct words to complete the rule for when we use the present simple.

We use the present simple for actions **happening now / habits and routines**.

Adverbs of frequency

3 Copy and complete the table with the adverbs of frequency in the box.

always never sometimes

0%
100%

(1) ... hardly ever (2) ... often usually (3) ...

4 Look at the sentences in the present simple table and complete the rules for the position of adverbs of frequency.

- Adverbs of frequency go **before / after** the main verb except with the verb *be*.
- Adverbs of frequency go **before / after** the verb *be*.

5 Complete the sentences with the adverbs of frequency and the correct form of the verbs in brackets.

- I *often* do sports. (do / often)
- She ... her friends at the weekend. (meet / usually)
 - They ... happy. (be / sometimes)
 - We ... to music. (listen / hardly ever)
 - He ... to parties. (go / never)
 - I ... a car. (drive / always)
 - You ... (volunteer / often)
 - She ... to the gym. (go / sometimes)

6 **INTERFACE** Write five questions with *How often ...?* Ask and answer in pairs.

How often do you play football?

I never play football.

present continuous	
+	I'm watching TV at the moment.
-	She isn't studying maths this week.
?	Are you chatting online now?

7 Look at the sentences in the table. Choose the correct words to complete the rule for when we use the present continuous.

We use the present continuous for actions **happening now / habits and routines**.

Time expressions

8 Copy and complete the table with time expressions for the present simple and the present continuous.

every day	at the moment	now	usually
twice a week	often	this week	always
present simple	present continuous		
<i>every day</i>			

9 Complete the sentences with the correct form of the verbs in brackets.

- I ... (play) computer games every day.
- She usually ... (do) voluntary work once a week.
- At the moment, we ... (draw) cartoons.
- He ... (play) tennis twice a week.
- I ... (chat) online now.
- My mum and dad always ... (relax) on Sunday evenings.
- They often ... (go) to the cinema at the weekend.
- I ... (go) to a disco this week.

10 Complete the sentences with the correct form of the verbs in brackets. Use the present simple or the present continuous.

Simon *isn't talking* (not talk) about his free-time activities now.

- 1 At the moment Karen ... (learn) French, she ... (not study) Spanish.
- 2 He ... (not usually play) an instrument, but he often ... (go) to the gym.
- 3 They ... (not do) anything at the moment, they ... (relax).
- 4 I ... (not meet) my friends every day, I usually ... (see) them at the weekend.

11 Choose the correct words.

Tom Cruise and Will Smith (1) **is / are** both actors. They (2) **share / are sharing** an unusual hobby, too - they both love fencing. Tom Cruise (3) **travels / is travelling** a lot for his job, but when he (4) **doesn't make / isn't making** a film he spends a lot of time at home. In fact, he (5) **has / is having** a special room in his house just for fencing and he often (6) **practises / is practising** for hours! At the moment, English football player David Beckham (7) **lives / is living** in America and he's playing for an American team. Apparently he often (8) **goes / is going** to Tom Cruise's house to fence with his friends.



12 Write questions using the present simple or the present continuous.

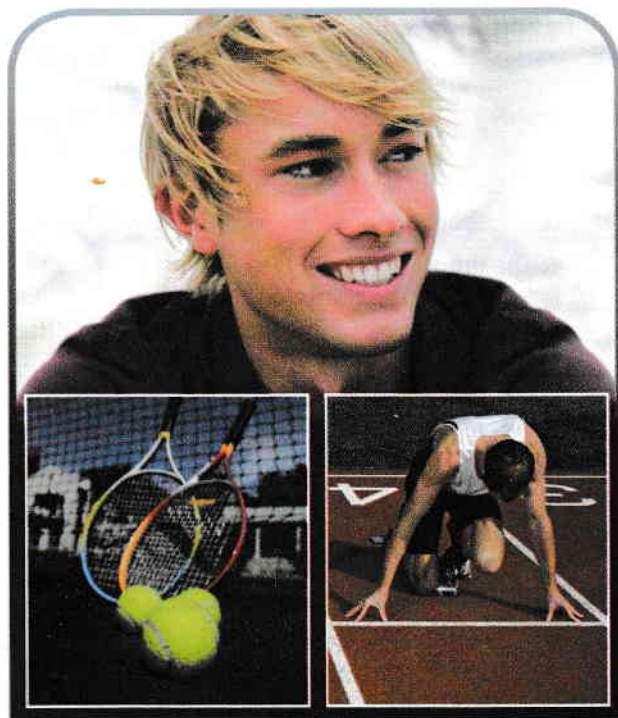
- 1 What / you / usually / do / at the weekend?
- 2 How / often / you / watch films?
- 3 Where / you / usually / meet your friends?
- 4 What / you / do / now?
- 5 What / you / wear / at the moment?
- 6 you / listen to music / now?

13  **INTERFACE** Work in pairs. Ask and answer the questions in exercise 12.

 **Grammar guide page 151**



Listening Sport



14 Look at the pictures and answer the questions.

- 1 What sports are these?
- 2 Where do people do these sports?
- 3 What equipment do you need to do each sport?
- 4 Do you do these sports?

15  Listen to Ben and choose the correct answers.

- 1 Ben is 12 / 13 years old.
- 2 His favourite sport is tennis / running.
- 3 He **always / sometimes** feels better after running really fast.
- 4 At the moment things are going really well / **badly** for Ben.
- 5 Ben meets his friends every **day / weekend**.

16 Listen again. Are the sentences true or false? Correct the false sentences.

- 1 Ben doesn't often go running.
- 2 Ben plays tennis every day.
- 3 Ben isn't feeling stressed now.
- 4 Ben plays tennis when he feels stressed.
- 5 Ben and his parents usually talk about any problems.



Listen



1 Look at the picture. Where are Dan, Rita and Megan? What are they doing?

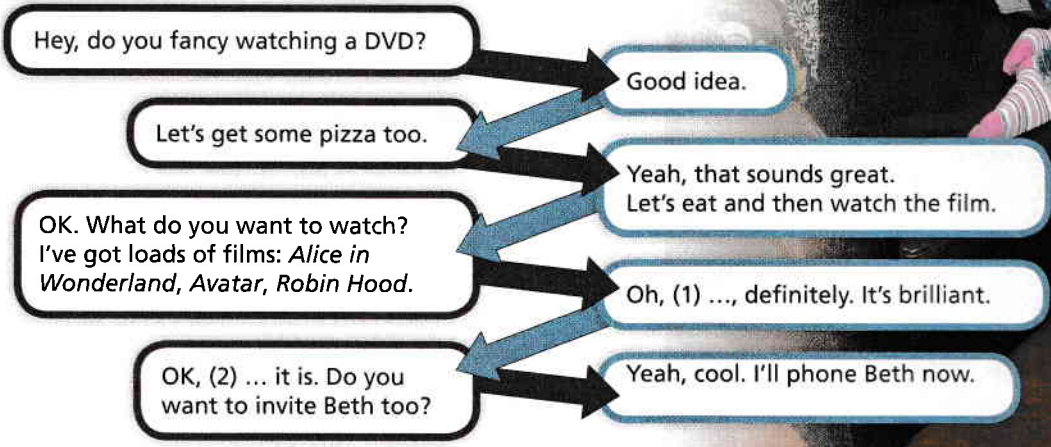


2 Listen to the first part of Megan and Rita's conversation. Choose the correct answers.

- 1 The programme on TV is / isn't very good.
- 2 Rita suggests playing **football / tennis**.
- 3 They don't go outside because it's **raining / dark**.



3 Listen to the second part of the conversation. Which film do they decide to watch?



Practise

4 Listen again and repeat the dialogue.

5 Read the dialogue and order the words.

- 1 fancy / Do / playing / you / a computer game ?
- 2 some music / let's / No, / instead / listen / to .
- 3 listening to / fancy / you / my Lady Gaga CD / Do ?
- 4 Let's / listen to / instead / the new Gorillaz CD .
- 5 good / OK / idea .

Functional language

Making suggestions

- Do you fancy watching a DVD?
 Let's get some pizza.
 ✓ Good idea. / OK.
 X No, that's boring.
 X No, let's get a curry instead.



Go to the **Digital competence 1** on page 108 to practise your digital skills.

Write a new dialogue between you and a friend.

Step 1

Choose which activity you want to do or use your own ideas.



play tennis



go to a football match



go to the cinema



go out for a meal

Step 2

Think about what suggestions you make.

Do you fancy watching ...?

Let's get some ...!

Do you want to invite ...?

Think about how your friend responds.

Good idea.

OK.

Yeah, cool.

No, that's boring.

No, let's ... instead.

Step 3

Write your dialogue.

Step 4

Work in pairs. Practise your dialogues.



Culture

Famous sporting events



Wimbledon

Wimbledon tennis championship takes place every year in London in the last week of June and the first week of July. All of the world's top tennis players compete.

Spectators

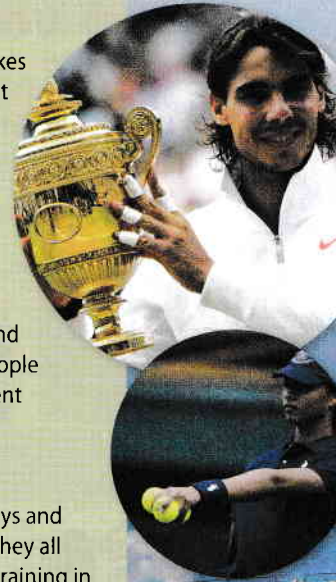
Half a million spectators watch the matches live. The spectators eat 112,000 boxes of strawberries. Around the world, more than 500 million people watch the competition in 185 different countries.

Ball boys and ball girls

On court with the players are ball boys and ball girls. There are 250 in total and they all come from local schools. They start training in February and have to pass an exam and be fit. They are usually 15 years old.

History and famous players

Wimbledon started in 1877 and it's the oldest tennis championship in the world. Famous champions include Serena and Venus Williams (America), Rafael Nadal (Spain) and Roger Federer (Switzerland).



7 Read and listen. Answer the questions.

- 1 What is Wimbledon? When and where is it?
- 2 What fact do you find most surprising about Wimbledon?

8 Are there any famous sporting events in your country? What do you know about them?



Go to the **Digital competence 3** on page 110 to practise your digital skills.

6 PERSONAL PROJECT Make up a slogan to promote an Olympic discipline and invite people to practise it at the weekend.

Unit 1b Character adjectives

funny
confident
lazy
shy
quiet
honest

Vocabulary

1 Look at the pictures and choose the correct adjectives. Then check the meaning of the other words.



1

cautious / adventurous



2

talkative / quiet



3

friendly / unsociable



4

generous / selfish



5

energetic / lazy



6

serious / funny



7

shy / confident



8

honest / dishonest

2 Listen and repeat.

3 Complete the description with the correct adjectives in exercise 1.

My brother Pete has got lots of energy – he's very *energetic*. I suppose that's why he's (1) ... and he loves exploring places like the Amazon. He's got lots of friends because he's very (2) ... and he often pays for things for them because he's (3) ... – he isn't (4) ... at all. Sometimes he doesn't stop talking, he's very (5) ... He's isn't shy like me, he's very (6) ..., and he can make people laugh because he's (7) ...

4 **INTERFACE** Work in pairs. Which of the adjectives in exercise 1 describes you?

I'm adventurous, but I'm not very funny.



Reading

5 Before you read, look at the pictures and guess which celebrity does which hobby.

skydiving playing golf singing karaoke
doing magic playing the piano

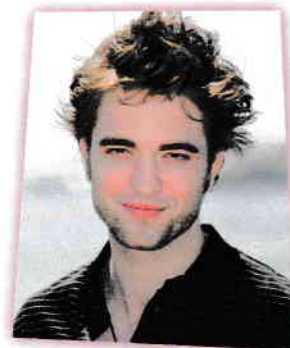
6 Read and listen. Check your answers.

7 Read the text and answer the questions.

- 1 Which instruments does Robert Pattinson play?
- 2 Does Nicole Kidman do any sports?
- 3 Is Ronaldinho's hobby related to his job?
- 4 What does Fernando Alonso do in his free time?
- 5 What is Alex Rodriguez's job?

Celebrity

You've probably got loads of hobbies, but what about these stars? What do they like doing in their free time? Read on and find out!



Actor **Robert Pattinson** is really musical. He's very good at playing the piano and the guitar – in fact, he plays on the soundtrack of some of his films. He also enjoys reading.

Film star **Nicole Kidman** is very adventurous and enthusiastic about trying new things. She's keen on doing sports and she often goes skydiving. 'I don't want to miss out on anything just because it's dangerous,' she says. 'I love skydiving, it's fantastic.'



- nouns
- adjectives
- verbs
- pronouns
- adverbs
- tenses

Language focus

The verb in a sentence must agree with the subject in number.

SINGULAR VERBS	PLURAL VERBS
<ul style="list-style-type: none"> • Countable nouns in the singular + singular verb The boy goes home. • Some collective nouns refer to a group as a whole: class, family, police, team, crowd Our family is having dinner. • Uncountable nouns such as: information, baggage, equipment More information is available at the reception. • Some nouns: gymnastics, news, physics, politics Gymnastics is fun to watch. • Two nouns that are joined by "or" or "nor" Neither Tom nor Harry has arrived yet. • Each, every, everyone, everybody, anyone, anybody, someone, somebody, something Each / every inhabitant is concerned. 	<ul style="list-style-type: none"> • Some collective nouns refer to each member of a group: class, family, police, team, crowd Our family are having dinner. • Nouns that are joined by "and" Tom and Harry have arrived home safely. • Nouns with no singular form such as: sunglasses, scissors, trousers. Caroline's sunglasses are very fashionable. • Several, many, both, few, a few Few / a few people go to the beach today.

hobbies



Ronaldinho is a famous football player, but he's got an unusual hobby – he loves singing karaoke! He isn't shy at all!



Fernando Alonso is a world champion racing driver, but in his free time he does magic. We bet his guests love watching his magic tricks!



Alex Rodriguez is a top baseball player and he's very energetic – he hates having nothing to do! In his free time he's always busy – he likes playing golf, running, travelling and boating. No wonder he's so fast on court!

- 8 Study the table and the grammar guide at page 122. Choose the correct form of the verbs, singular or plural.**
- 1 Gymnastics **is / are** my favourite sport.
 - 2 The trousers you bought for me **don't / doesn't** fit me.
 - 3 Physics **is / are** my best subject at school.
 - 4 Can I borrow your scissors? Mine **aren't / isn't** sharp enough.
 - 5 Fortunately the news **weren't / wasn't** as bad as we expected.
 - 6 Three days **aren't / isn't** long enough for a good holiday.
- 9 Fill in with the correct form of the verbs in brackets.**
- 1 People in this restaurant often ... **beefsteak**. (order)
 - 2 An expert ... a person with special knowledge. (be)
 - 3 The staff ... a bonus at Christmas. (expect)
 - 4 There ... a number of different causes for this. (be)
 - 5 This ... because of a number of factors. (be)
 - 6 For the past five years his experience ... **been** valuable to our company. (have)
 - 7 Marketing information ... **important** to all businesses. (be)
 - 8 He ... the experience necessary for promotion. (lack)



Grammar guide page 151